

KAVYASREE K

LECTURER



6282856658

kavyasreekkavya@gmail.com

Elemberam para , near
Taliparamba

SKILLS

- Presentations/webinars/seminars/conferences
- Public speaking
- Conflict resolution
- Interpersonal skills
- Problem - solving skills
- Clinical skills such as interviewing, history taking , diagnosis , assessments , conceptualization, treatment planning and modules
- Research skills such as SPSS, biostatistics, qualitative and quantitative research
- Strong Communication

ACHIEVEMENTS

FIRST RANK AND GOLD MEDAL
IN PG

& QUALIFIED SET - KERALA
EXAM

PROJECT ANGEL VOLUNTEER

Inchara foundation volunteer for
project Angel- An initiative for
prevention of child sexual abuse

PROFILE

Qualified and professional lecturer currently working in Alva's college , affiliated by Mangalore university. Utilizes all the skills and experience in order to develop healthy learning environments in which students can flourish by establishing a good rapport with students and parents . Looking to use my skills to cultivate a stimulating and supportive environment to allow students to reach their fullest potential

EXPERIENCE

LECTURER

Alva's college, moodbidri, affiliated to Mangalore university
2022 march - present

- Taught various papers in psychology for post-graduation students and started the mental and counseling cell in the college
- Technical quotient- MS word, MS Excel, MS PowerPoint, SPSS, and Latex - a document preparation system (handy tool in research publications)
- Guided 25+ students in their dissertation
- Coordinated 8 workshops and seminars

INTERNSHIP AND FIELDWORKS

- 2 month internship at maxminds psychosocial rehabilitation centre, Aravanchal, Payyannur
- 1 month internship at VRC hospital and rehabilitation centre, vettam , Tirur.
- 3 month field work at Manasini Thunga institute of psychiatry and counselling, jyothi circle, Balmatta, Mangalore
- 4 months field work at chethana special school, bharathi seva mandala trust, Anekere, Karkala, Mangalore

RESEARCH PAPER PRESENTED

- 1) Leadership in Adolescents, Are leaders born or made?:
Correlational and content analysis study-presented @ International conference on leadership for success, Rajagiri college of social sciences, Kalamassery in collaboration with Trinity Western University, Canada.
- 2) A correlational study on academic stress and suicidal ideation among adolescents, presented @ St. Aloysius college, Mangalore.

EDUCATION

- Post graduation (83%) -2018 -20
@Alva's college, centre for post graduate and research studies, vidyagiri, Moodbidri, Mangalore
- Graduation (83.3%) - 2016-18
@Wadihuda institute of research and advanced studies, Vilayancode, Kannur
- Plus two (76%) - 2013-15
@Tagore vidyanikethan GHSS, Taliparamba
- SSLC (98%) - 2013
@St. Joseph's high school Pushpagiri

PERSONAL DETAILS

Address: Thundivalappil house
Elamberampara, Palliwayal (PO) 670142,
• Kannur, Kerala
• DOB: 20/05/1997
• Gender: Female
• Nationality: Indian
• Marital status: Indian
Language known: English
: Malayalam
: Hindi
: Kannada (speaking only)

RESEARCH

INTERESTS: Interpersonal relationships
: Adolescents
: children of person with mental illness, mindfulness, community psychology, women mental health

WORKSHOPS AND SEMINARS ATTENDED

- 1) International conference on leadership for success at RCSS, Kalamassery in collaboration with Trinity Western university, Canada.
- 2) National level psychological exhibition, 'PSYCHEX' at Kuriakose Elias college, Mannanam, Kottayam.
- 3) Dyslexia, in connection with world Dyslexia Awareness week at Kannur university campus, Mangattuparamba.
- 4) Workshop on Solution Focused Practice by Dr. Jaseem Koorankot at Alvas college.
- 5) 3 day Workshop on Cognitive Behavioural Therapy by Ft. Staney at Alva's college.
- 6) Workshop on Research methodology by Mr. Chincju C at Alvas college, Mangalore.

Declaration: I hereby declare that all the information given above is true to the best of my knowledge- Kavyasree K
(lecturer)