

Dr. Savitha Suvarna



Associate Professor

Department of PG studies in social work

Alva's college, Moodubidre

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CAREER OBJECTIVE

Intend to build a career with leading corporate of hi-tech environment with committed & dedicated people, which will help me to explore myself fully and realize my potential and willing to work as a key player in challenging & creative environment.

CAREER EMPLOYMENT

Associate Professor, Dept, of PG studies in social work, Alva's College, Moodbidri, D.K., district from 2009 to till the date.

EDUCATIONAL QUALIFICATIONS

Course	Name of the Institution	Result
P.U.C.- Psychology	St. Agnes College Mangalore	I CLASS
B.A.- Psychology	St. Agnes College Mangalore	I CLASS
M.S.W	Dr.M.V.Shetty College, Mangalore, Medical and Psychiatric social Work (Specialization)	I CLASS

M. Phil	Vinayaka mission university, Salem.	I CLASS
Ph.D.	Bharathiar university, Coimbatore.	Awarded on 07/01/2020.

COMPUTER SKILLS

- Operating System Windows 98, Windows 2000 Professional, windows xp,
- Packages MS Excel, MS Word, MS PowerPoint, Internet.

WORK EXPERIENCE

- Worked in Event management company NASEBA, koramangal, Bangalore from 2007-2008.
- Worked as a MSW Lecturer in Meredian College, Mangalore 2008-2009
- Currently, working as a Associate Professor (MSW) in PG department of social Work, Alva's College, Moodbidri from 2009 onwards.

Ph.D THESIS

“Coping Strategies among the Caregivers of Schizophrenic Patients Correlated with Personality Type and Severity of the Illness”

MPhil THESIS

“Psychosocial Problems of HIV Infected Wives.”

MSW THESIS

“Attitude and Expectations of the parents towards Autistic Children”

SUBJECT TAUGHT IN POST GRADUATE LEVEL

1. Dynamics of Human Behavior
2. Working with Individuals and Families

3. Social work research and Statistics
4. Communication skills for social work practice
5. Disaster management
6. Working with children and adolescents
7. Therapeutic counselling
8. Psychiatric Social Work

SUBJECT TAUGHT IN GRADUATE LEVEL

1. Social Casework with Families
2. Social work research and Statistics
3. Working with Individuals and Groups

RESPONSIBILITIES UNDERTAKEN IN THE POST GRADUATE DEPARTMENT

- Organizing seminars/ workshops/ guest talks for the students.
- Organizing street play training for post graduate students
- Conducting exposure visits to various organizations.
- Guiding post graduate students for practical training.
- Coordinator of counselling from 2013-2017.
- Adolescent and family counselling
- Coordinator for certificate course
- Organized community camp OUTLOOK for IMSW students.

GUIDANCE AND SUPERVISION

- Post graduate students are being guided for their Dissertations as well as minor research studies
- Guide and Supervisor for Post Graduate students for practical placement in various settings like hospitals, De addiction centers, Counselling centers, NGOs.

PARTICIPATED AS A RESOURCE PERSON

- Resource person for a talk on “ Disaster Management” organized by M. COM dept for II M.COM students on 14th Feb, 2014.
- Resource person for the topics like Adolescent mental health, psychosocial problems of adolescents, early identification of problems of adolescents for the Hostel wardens and Student welfare officers of Alva’s College.
- Chief guest for the book distribution program, organized by Kankanady Youth club, Mangalore.
- Chief guest and Judge for dance programmes and fancy dress competitions, Garodi yuvaka mandala, Mangalore.
- Chief guest and Judge for poster making competition of 1st M.COM organized by M.COM dept on 23rd April 2019.
- Conducted session on Case work report on 17th September 2019 at NMC college, Sullya.

SEMINARS & WORKSHOPS WEBINARS ATTENDED

- One day workshop on Addiction
- Two days seminar on social work concern in addressing disaster.
- Seminar on ideology & responses to social change.
- Seminar on Cognitive behavior Therapy: A pathway to Transformational Change held in St. Aloysius college, Mangalore,
- One day workshop on “recognition of Mental Health Problems in Children” , KS Hegde medical Academy, Derlakatte, Mangalore.
- Seminar on “ the impact of Psycho-social factors on health in Alva’s College.
- Three days workshop on “ FEEL Teacher” Learning & Developmental Intervention at Alva’s college, 2013.
- Participated in National conference on Social Sciences: Challenges & perspectives in the 21st century held in 2013.
- Training programme on “ Psychosocial preparedness in Disaster Management” held from 14th – 16th march 2013 at the school of Social work in the New Millennium”, in 2014.

- Participated in the state level seminar & graduate social work students meet on “ Need & Challenges of working with Children”, at Alva’s College in 2014.
- Participated in International seminar on “ Gerontology – A social Work Perspective” in 2014 at the School of social work, Roshni Nilaya, Mangalore.
- Participated in national conference on “ youth for social transformation- Involvement & Initiatives” at S.D.M.College.
- Participated in two days national seminar on “ social inclusion & exclusion” in 2014 at Mangalore University.
- Participated in national webinar on “ Corporate Moral Excellence” Organized by the Department of Commerce and Management on 27th July 2020 at Jyoti Nivas College Autonomous, Bengaluru,Karnataka.
- Participated in national webinar on “Digital Citizenship and Online Safety” on August 26, 2020
- Participated in One week Online Faculty Development Programme on “ E-content Development” conducted from 19-07-2020 to 25-07-2020 at Alva’s College, Moodbidri.
- Participated in national webinar on 'Preparing De-addiction warrior' on 28th July 2020 at Alva’s College, Moodbidri.
- Participated in webinar on “Trafficking and the vulnerability of Women and Children during COVID-19”on 28th July 2020.
- Participated in state level webinar on “Mental Health and wellbeing during COVID-19 Pandemic” conducted by St.Mary’s college, Udupi on 19th July.2020
- Participated in one day Video workshop on “Basic video editing masterclass” conducted by Mitti ke Rang on 2nd August 2020.

PAPERS PRESENTED:

Presented many papers in State, National and International Seminars and conferences.

Few of the papers are:

- “Attitude and Expectations of the parents towards Autistic Children” in national conference on social sciences: Challenges & perspectives in the 21st century held in 2013

- Social & emotional adjustments in Senior Citizens on 1st March in International seminar on Gerontology – A social Work Perspective” in 2014 at the School of social work, Roshni Nilaya, Mangalore.
- “ Problems faced by HIV infected wives & its impact on their children & family members” in one day National level conference held on 27th September,2014 at Srinivas Institute of Management Studies, Mangalore
- “ Alcohol & its impact on the youth” in National Conference on “ youth for Social Transformation – Involvement & initiatives” at S.D.M. College.
- “ Childhood Problems- Social Inclusion & Exclusion” in two days National Seminar on “ social inclusion & exclusion” in 2014 at Mangalore University.
- “Attitude and Expectations of the parents towards Autistic Children” in two days State level Conference on ‘Child Protection- A need & Opportunity’ held at Milagres College, Kallianpur, Udupi on 16th and 17th November, 2015.

PUBLISHED ARTICLES

- A study on “The impact of Self Help Group in the development of Women”, Published in 2014, ISBN no: 978-81-930129-0-1.
- A Study on “Knowledge, Attitude and Practices among the caregivers of Schizophrenic Patients” in International Journal of Novel Research in Health care and nursing, Novelty Journals in 2016, ISSN 2394-7330.
- “ Burden of Care & its association with socio-demographic profile of the caregivers of schizophrenic patients” in International journal of research,ISSN 2348-6848,volume 05, issue-01, 2018.
- “ Personality Type & its association with socio-demographic profile of the caregivers of schizophrenic patients” in International journal of creative research Thoughts, ISSN 2320-2880,volume 05, issue-01, 2018.

AWARD

Best paper award from UNICEF for the research paper “Attitude and Expectations of the parents towards Autistic Children” and cash award Rs. 8,000.

PERSONAL

Nationality : Indian

Date of Birth : 24th August,1984

Marital Status: Married

Languages known : Tulu, Kannada, Hindi, English

DECLARATION

I hereby declare that all the statements made in this application are true, complete and correct to the best of my knowledge and belief.

Date :28/08/2020

SAVITHA