**Programme:** Training on "Self Employment".

Venue: PG Seminar Hall

**Date:** 23-02-2019

Participants: Volunteers of Youth Red Cross Forum and students of BA HEP.

Resource Person: Mrs. Sharavathi U Raviraj

# **Brief Report of the Programme:**

Youth Red Cross Forum of the College in association with Department of Economics organised a Training programme on "Self Employment". Mrs. Sharavathi U Raviraj, Head Mistress, Higher Primary School, Yelluru was the resource person. She Clarified students that how self employment makes them independent and innovative. How it gives more flexibility and freedom than working under someone else. In the workshop she showed the students how to make products like soap, Detergent powder, Candle and so on which are used by all of us in our daily life. Because of increased competition in the Job market, it is highly difficult to get suitable jobs as per their personal profile. In such a situation young minds choose wrong root to lead their life. To overcome this and make them confident this programme was organised.

**Programme:** Visit to "Riya Foundation"- A home for differently abled children.

Place: Kulshekar, Mangaluru

**Date:** 16-02-2019

**Participants:** Volunteers of Youth Red Cross Forum.

# **Brief Report of the Programme:**

Youth Red Cross forum of Alva's College visited "Riya Foundation", Mangaluru on 16<sup>th</sup> February 2019 along with 55 students. Riya Foundation was established in the year 2010. It is a residential training centre for people with disabilities. The home consists of 27 inmates aged upto 55 years. Inmates are divided into different groups based on their mental ability, accordingly various life skill and job oriented training were provided. It is purely a NGO.

The Red Cross volunteers had conducted many activities, games to entertain the inmates. Even Riya inmates gave dance performance and actively participated in all the activities. Our volunteers donated money and stationary items.

**Programme:** Blood Donation Camp

Venue: R00m No 215 and 216

**Date:** 22-01-2019

Participants: Volunteers of Youth Red Cross Forum, NSS Volunteers.

#### **Brief Report of the Programme:**

Youth Red Cross forum, NSS Units of Alva's College in association with Indian Red Cross Society, Dakshina Kannada District organised Blood donation camp on 22<sup>nd</sup> January 2019. A team of doctors and nurses from Government Lady Goschen hospital came for collection of blood. The activity of blood donation was started by Red Cross Camp volunteers followed by the students of Alva's College. There was an overwhelming response from students. The Camp continued till 1.00pm. A total of 105 units were collected in the camp. A certificate of appreciation and refreshment was given to each donor. The camp was successful in achieving its purpose.

**Programme:** Inauguration of Sate Level Youth Red Cross Camp

Venue: Commerce Seminar Hall

**Date:** 18-01-2019

Participants: Volunteers of Youth Red Cross Forum, State level YRCS campers.

#### **Brief Report of the Programme:**

Indian Red Cross Society, Dakshina Kannada District and Mangalore University YRCs Wing organised State Level YRCs basic orientation and training camp at Alva's College from 18-01-2019 to 22-01-2019. The Honourable Chairman of IRCS, D.K.District, Rtn. C.A.Shantharam Shetty inaugurated the Camp on 18<sup>th</sup> January 2019. Secretary of IRCS D.K.District, S.A.Prabhakara Sharma extended the welcome address. Dr.Kurian, the Principal Alva's College, Prof. A.F.Khan, Registrar Mangalore University, Sri.Basruru Rajeev Shetty, Chairman IRCS, Karnataka Branch, Bangalore were present. The Inaugurator in his address expressed the important role of Red Cross volunteers. The camp was followed by many activities like Orientation (Introduction), First aid, Disaster Management Training, Trekking, Tent pitching, blood donation etc. Around 180 volunteers of various Universities of Karnataka State participated in the Camp.

Programme: Guest Talk on "Humanitarian Values and Principles"

**Venue:** Room No 506

**Date:** 12-01-2019

Participants: Volunteers of Youth Red Cross Forum.

# **Brief Report of the Programme:**

On the occasion of Swami Vivekananda's 156<sup>th</sup> birthday, a Guest talk was organised on the topic of "Humanitarian Values and Principles" on 12<sup>th</sup> January 2019. Prof.Chandrashekar Gowda, Department of Kannada, Alva's College was the resource person. He spoke about the life history and other achievements of Vivekananda. He highlighted the principles and thoughts of Swami Vivekananda. He recited the real life stories of Vivekananda, which inspired the volunteers of Youth Red Cross Forum.

**Programme:** Training on "Tent Pitching"

Venue: Palace ground

**Date:** 20-01-2019

Participants: Volunteers of Youth Red Cross Forum.

Resource person: Mr.Sacheth Suvarna

# **Brief Report of the Programme:**

Youth Red Cross forum of the College organised a training programme on "Tent pitching". Mr.Sacheth Suvarna, District Co-ordinator of YRCS, D.K.District was the resource person. He clarified students that how pitching the tent helps during the time of an emergency. He made the volunteers to take roles in pitching the tent. Balancing and team work with coordination was taught to all the volunteers. The general awareness and presence of mind to work collaboratively was taught for the knowledge of the children.

**Programme:** Training on "Disaster Management"

Venue: Nudisiri Vedike

**Date:** 21-01-2019

**Participants**: Volunteers of Youth Red Cross Forum.

Resource person: Dr.VLS Kumar

# **Brief Report of the Programme:**

Youth Red Cross forum of the College organised a training session on 'Disaster Management' for the benefit of the volunteers. Dr.VLS Kumar, Chairman, State DM Committee, IRCS, KSB was the resource person. The programme was about giving awareness during emergencies. A practical demonstration on preparing a ladder using rope within a minute, carrying wounded people on a stretcher of cloth. Also giving first aid treatment of neck, leg, elbow and hand that are damage. Passing the messages through mega phones and carrying wounded with the help of shoulder. Likewise the programme helped the volunteers to analyse the situation and they did it in turns.













