

FOOD CLUB ACTIVITIES

“NUTRITION WEEK CELEBRATION”

To create awareness regarding the nutritional requirement in the society.

Various products were developed by the students and exhibition of the same was done and also diet camp was done by the students.





INTERNATIONAL WOMENS DAY

OBJECTIVE:

To educate the women about:

- Preperation and demonstration of low cost nutritious foods.



Educating women regarding low cost recipe

“NUTRITION EDUCATION PROGRAMME”

OBJECTIVE:

To educate the women about:

- Nutritional requirements of pre-schoolers and adults.
- Nutritional requirements and complications during pregnancy and lactation.
- Myths and facts about pregnancy and lactation.
- Demonstration and presentation of weaning foods.





“WORLD BREAST FEEDING WEEK”

OBJECTIVE:

- To educate the women about the importance of feeding and importance of food during lactation.



“WORLD BREAST FEEDING WEEK CELEBRATION AT PUTTUR ANGANWADI”

OBJECTIVE:

- To educate the rural women about the importance of breast milk and weaning food for the infants.



International women's day celebration 2019

Program was conducted by the students for commerce faculty and students of Alva's PG College and talk was given regarding the menstruation cycle and PMS.

