

Annual report of Mind View Forum for the year 2016-17

Mind View Forum with an objective of creating awareness about Mental Health and understanding basic psychological principles has been functioning actively throughout the year. 91 students had enrolled to the Forum and Ms. Rakshatha Naik of 2nd B.Sc and Mr. Nagamallikarjun of 2nd B.com were the secretaries for the current year. In the beginning it started with orientation programme. Following major programmes were conducted in forum

- Guest talk on the topic “ Use of Psychology in Advertisements” by Mr. Jeevan Lawrence Lecturer in Management Studies, Alva’s College
- Quiz Competition
- Programme on “ Stress Management” by Ms. Pooja DG and Ms. Reema, Lecturers In Psychology, Alva’s P.G College
- Poster making on the topic of “ Mental Health”
- Guest talk on the topic “ Adolescent s and Substance abuse” by Mr. Lohith, Counsellor at Dr. A V Baliga Memorial Hospital
- Programme on Co-Operation
- Guest talk on “ Life Values” by Mr. Muniraj Renjala, Principal Jain High School Moodubidire

The forum follows a systematic method of starting the academic year with orientation programme and winding up with the reflection over the activities to improvise in future.











