## Annual Report of the YRC Forum for the Academic Year 2016-2017

"The best way to find yourself is to lose yourself in the service of others". With the motto of service, Mangalore University has compelled all degree colleges to open YRC wings.

Youth Red Cross is based on seven Fundamental principles. They are Humanity, Impartiality, Neutrality, Independence, Voluntary service, Unity and Universality. Based on these principles Youth Red Cross Wing of Alva's College had organized many service oriented programmes for the overall development of the students.

## The programmes are:-

- Orientation to the volunteers regarding Youth Red Cross, its roles and responsilities.
- ❖ First Aid Training to impart basic knowledge of how to treat the wounded people.
- Collage making Competition on disaster management.
- ❖ Quiz Competition to test the knowledge of volunteers about Red Cross.
- ❖ Swacch Bharath Campaign- To inculcate the habit of maintaining cleanliness and healthy surrounding.
- ❖ Demo on Fire Extinguish to create awareness and to train them how to act during fire emergencies.
- ❖ Power Point Presentation on Women empowerment, Awareness of Cancer and Drugs.
- Guest lecture on personality development.

Through these activities the Youth Red Cross Wing of Alva's College motivates the volunteers to indulge themselves in many service oriented activities.