

### CAMP SCHEDULE

TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	
04.30 - 05.30	Campers Registration AND Inaugural Ceremony	Wake up call	Wake up call	Wake up call	Wake up call	
05.30 - 07.00		Morning chore	Morning chore	Morning chore	Morning chore	
07.00 - 08.00		Mustering PT & Drill Tent pitching	Mustering PT & Drill Significance of Blood Donation	Mustering PT & Drill	Mustering PT & Drill	
08.00 - 11.00		Break fast	Break fast	Break fast	Break fast	
11.00 - 11.15		Disaster Management -1	First Aid New Methodology-1	First Aid New Methodology-5	Psycho-social Support (Psychological First Aid).	
11.15 - 01.00		Refreshing	Refreshing	Refreshing	Closing Ceremony	
01.00 - 02.00		Disaster Management -2	First Aid New Methodology-2	Field Study		
02.00 - 04.00		Lunch	Lunch	Lunch	Lunch	Lunch
04.00 - 04.30		Ice Breaker & Introduction to Red Cross	Disaster Management -3	First Aid New Methodology-3	Field Study	Valedictory AND Campers Depart
04.30 - 06.00		Tea - Break	Tea - Break	Tea - Break		
06.00 - 08.00	Volunteering with Skills -1	Family News Service (FNS)	First Aid New Methodology-4			
08.00 - 09.00	Volunteering with Skills -2	Cultural Programme	Cultural Programme			
09.00 - 10.30	Dinner	Dinner	Dinner	Dinner		
10.30 - 04.30	Evaluation & planning	Evaluation & planning	Evaluation & planning	Evaluation & planning		
	Good Night Sleep	Good Night Sleep	Good Night Sleep	Good Night Sleep		



## INDIAN RED CROSS SOCIETY

DAKSHINA KANNADA DISTRICT BRANCH

&

## MANGALORE UNIVERSITY YRCS WING

Organises

### STATE LEVEL YRCS BASIC ORIENTATION AND TRAINING CAMP - 2019

Date: 18-01-2019 to 22-01-2019

:- Venue :-

Commerce Seminar Hall,  
Alva's Degree College, Moodabidri

*Invitation*

To :

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## INAUGURAL CEREMONY

Date : 18-01-2019 Friday Time: 10.30 AM

### Venue :

Commerce Seminar Hall, Alva's Degree College, Moodabidri

### Inauguration

**Dr. M. Mohan Alva**

Chairman, Alva's Education Foundation (R) Moodabidri

### Presided by

**Rtn. CA. Shantharam Shetty**

Chairman, Indian Red Cross Society D.K. Dist Branch

### Honourable Chief Guest

**Sri. Basuru Rajeev Shetty**

Chairman, Indian Red Cross Society, Karnataka Branch, Bangalore

### Chief Guests:

**Prof. A.M. Khan**

Registrar, Mangalore University, Konaje

**Sri. Vivek Alva**

Management Trustee, Alva's Education Foundation (R) Moodabidri

**Dr. Kurian**

Principal Alva's College, Moodabidri

**Sri. H.S. Suresh**

State Advisor, YRCS Karnataka State Branch

**Dr. V.L.S. Kumar, B.D.S.**

Secretary, IRCS Shivamogga District Branch, NDRT and RDRT (South Asia) Member

## VALIDICTORY PROGRAMME

Date: 22-01-2019 Tuesday Time: 02.00 PM

### Venue:

Commerce Seminar Hall, Alva's Degree College, Moodabidri

### Presided by

**Rtn. CA. Shantharam Shetty**

Chairman, Indian Red Cross Society D.K. Dist Branch

### Chief Guests:

**Mrs. Prashanth Chandrashekar**

General Secretary, Indian Red Cross Society, Karnataka Branch, Bangalore

**Sri. H.S. Muralidhara**

State Managing Committee Member, IRCS, KSB & Secretary IRCS Kodagu District

**Sri. Ravindranath**

State Managing Committee Member, IRCS, KSB & MC member D.K. District.

**Sri. K. Jayaram Acharya**

M.C. member & YRC District Coordinator IRCS Udupi District

*Cordially invite you*

**Rtn. CA. Shantharam Shetty**  
Chairman, IRCS D.K. Dist Branch

**S.A. Prabhakara Sharma K.A.S.(R)**  
Hon. Secretary IRCS D.K. Dist. Branch

**Sacheth Suvarna**  
Dist Coordinator YRCS D.K. Dist Branch

**Prof. Vineetha Rai K**  
Nodal Officer YRC, Mangalore University

### Camp Trainers

1. **Dr. VLS Kumar**, Chairman, State DM Committee, IRCS KSB
2. **Sri. Achuth Rao**, HRD Trainer
3. **Sri. Shakeeb M.A.**, Chairman, State YRC Committee, IRCS KSB
4. **Dr. E. Arvind Raj**, Associate Professor, NIMHANS.
5. **Dr. Hemagiri**, First Aid, Master Trainer, IRCS, KSB
6. **Sri. Dilip Sharma**, State Youth Coordinator, IRCS KSB
7. **Ms. Lavanya**, State DM Coordinator, IRCS, KSB
8. **Dr. Krishna Mohan Prabhu**, Moodabidri
9. **Sri. Suresh Kumar**, Deputy Director of Fisheries (R)



