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| Program Outcome | The study of physical education help the students know about the importance of physical education in personality development and participation in sports. it helps them for higher level of achievements. |
| Program Specific Outcome | The specific outcome is preparing them to go for higher studies in physical education. |
| Course: BA PHYSICAL EDUCATION | Outcomes |
| Principles of physical education | This subject helps the students to understand the values and ethics of life and personality development. |
| Health and safety education | This subject helps them to know about health aspects and maintain good health and fitness for higher achievements in sports. |
| History of physical education | The students can better understand the importance of physical education by studying the history. |
| Education and sports psychology | The subject helps the students to understand the psychological aspects include in sports for good performance. |
| Anatomy and physiology Physiology of exercise | Study of this subject helps the students to know more about the human body which helps him for higher level of sports achievements and adopt training method. |
| Kinesiology I Biomechanics II | The students are able to better understand the body movement in sports and the body mechanism for higher achievements. |

PROGRAM OUTCOMES, PROGRAM SPECIFIC OUTCOMES, COURSE OUTCOMES